

Vestibular course – 2023

New Trends in the Treatment of Patients with Vestibular Disorders

Day 1

0900-0945: Registration and coffee/tea

0945-1000: Welcome

1000-1030: Plenary session 1 (lecture 30 minutes)

Dara Meldrum: *Treatment of acute, episodic, and chronic dizziness – updated guidelines*

1030-1045: Questions and Answers related to the guidelines

1045-1115: Plenary session 2 (lecture 30 minutes)

Rick Clendaniel: *New Developments in the Management of BPPV.*

1115-1145: Plenary sessions 3 (lecture 30 minutes)

Luc Vereeck: *Vestibular Rehabilitation after surgical removal of a vestibular schwannoma*

1145 - 1200: Stretch your legs; coffee/tea

1200-1230: Plenary sessions 4 (lecture 30 minutes)

David Herdman: *Psychological aspects of vestibular rehabilitation*

1230-1300: Plenary session 5

Questions and Answers to sessions 2, 3, and 4

1300-1400: LUNCH

1400-1730: 3 parallel workshops addressing 2 “difficult cases”

	WS 1	WS 2 (lab facilities)	WS3
	Vestibular Rehab after surgical removal of a Vestibular Schwannoma	BPPV - New Maneuvers	PPPD
Run by	Luc Vereeck Lien Van Laer	Rick Clendaniel	David Herdman
1400-1500	GR 1	GR 2	GR 3
Break (coffee/tea)			
1515-1615	GR 3	GR 1	GR 2
Break			
1630-1730	GR 2	GR 3	GR 1

1900: Dinner at Hotel Norge (open for registration to all participants)

Day 2:

0830- 0900: Plenary session 6 (lecture: 30 minutes)

Rick Clendaniel: *Cognitive and spatial impairments vestibular disease- newer assessment of these conditions*

0900-1000: Plenary sessions 7-9 (lectures: 20 minutes each)

Lene Kristiansen: *Integrating Cognitive Therapy and Vestibular Rehabilitation in group-treatment for patients with persistent dizziness: Presentation of the treatment model and preliminary results*

Lien Van Laer: *Activity as a prognostic factor in development of chronic dizziness*

Unni Moen (Mari?): *Symptoms beyond the vestibular in chronic dizziness – what about the musculoskeletal system?*

1000-1015: Coffee/tea break

1015-1045: Questions and answers sessions 6-9

1100-1315: Workshops (Move to other locations)

Day 2	WS 1	WS 2	WS 3
	Demo technology	Optokinetic Stimulation for Visually induced Dizziness	Adaptation/GSE
	Dara Meldrum Lars Peder Bovim	David Herdman	Rick Clendaniel
1100-1145	GR 1	GR 2	GR 3
1145-1230	GR 3	GR 1	GR 2
1230-1315	GR 2	GR 3	GR 1

1315-1415: LUNCH

1415-1435: Plenary session 10

Dara Meldrum: *Technology in vestibular rehabilitation*

1435-1455: Plenary session 11

Rick Clendaniel: *Vestibular Agnosia in TBI*

1455-1515: Plenary session 12

Dara Meldrum: *The use of technology in MS*

1515-1530: Coffee/tea break

1530-1650: Plenary session on Cervical Dizziness

Introductions by

Mari Knapstad: *Presentation of the new position statement from Barany Society on Cervical dizziness (25 mins)*

Rick Clendaniel: *Cervical dizziness – does it exist? (25 mins)*

Discussion: Mari Knapstad, Rick Clendaniel, and Dara Meldrum (30 mins)

1650-1700: Thank you and welcome back