



Western Norway
University of
Applied Sciences

Master in Healthy Ageing and Rehabilitation (MARE)

WELCOME

MARE open meeting

7 October 2021

n | Western Norway University of Applied Sciences



Itinerary

- › Welcome and introduction
- › Information about the Master in Healthy Ageing and Rehabilitation program
- › Information about admission process and deadlines
- › Q&A
 - › Use chat to post your questions



**Global population is
ageing.**

[Nature People A - Free photo on Pixabay](#)



**Global population is
ageing.**

[Old Man Portrait Street - Free photo on Pixabay](#)



Well trained health and rehabilitation workforce is required to foster healthy ageing and improve the lives of older people around the world.

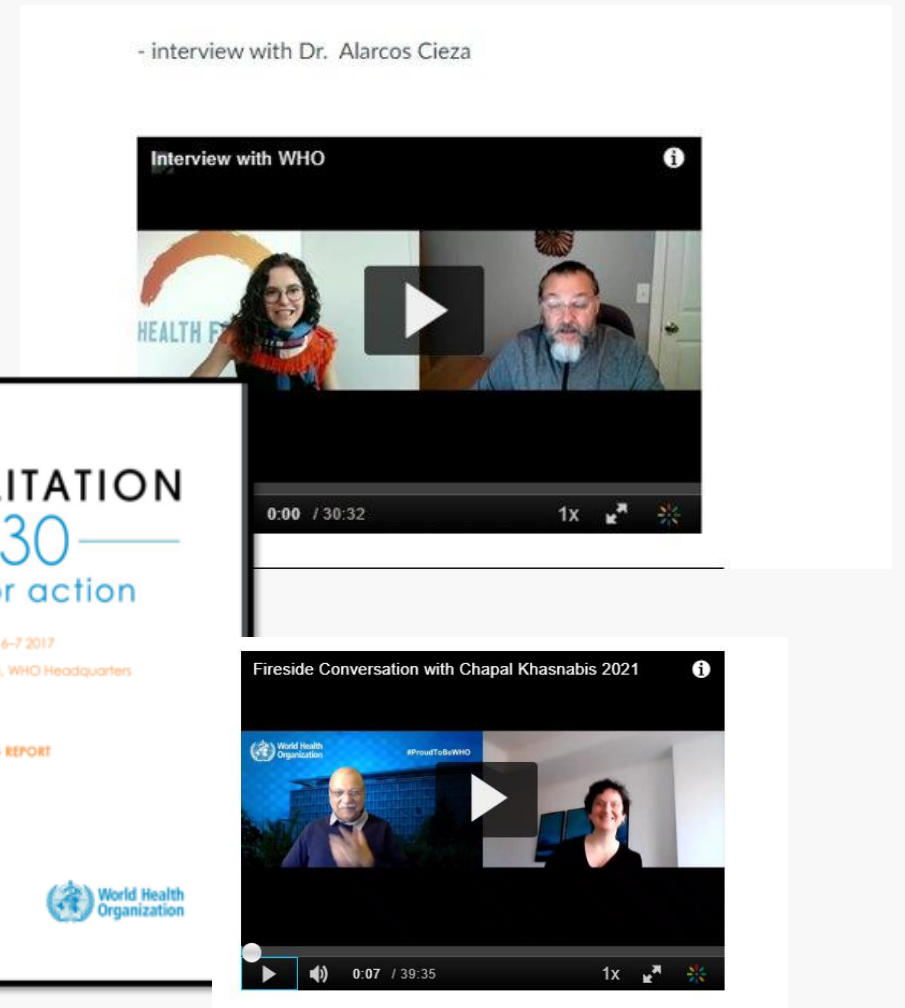


Well trained health and rehabilitation workforce is required to foster healthy ageing and improve the lives of older people around the world.

[Puzzle Hobby Pieces Of The - Free photo on Pixabay](#)

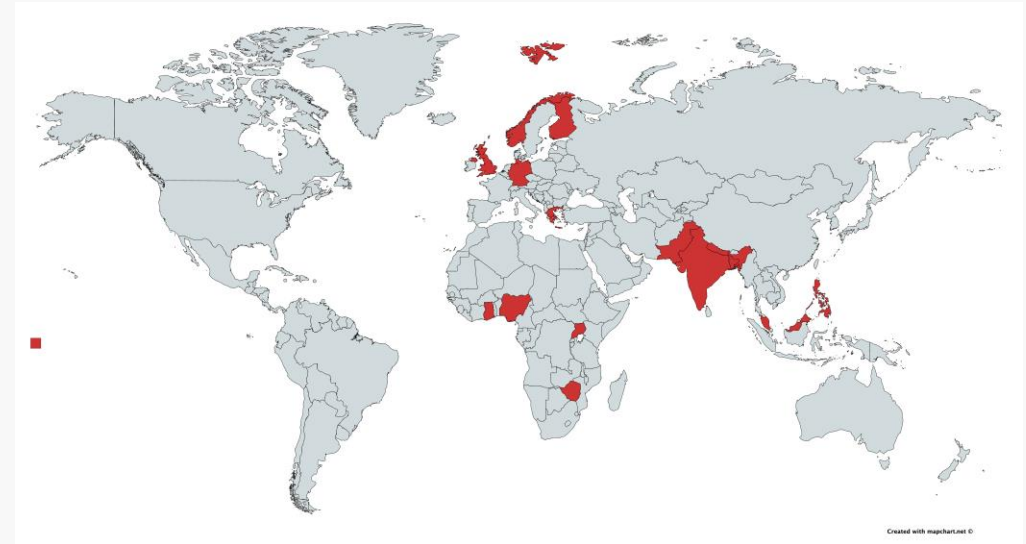
Master in Healthy Ageing and Rehabilitation (MARE) Program

- › Global perspectives (selection of topics, strategic alignments and learning resources)
- › Students' perspectives and contributions
- › Guest speakers
- › English

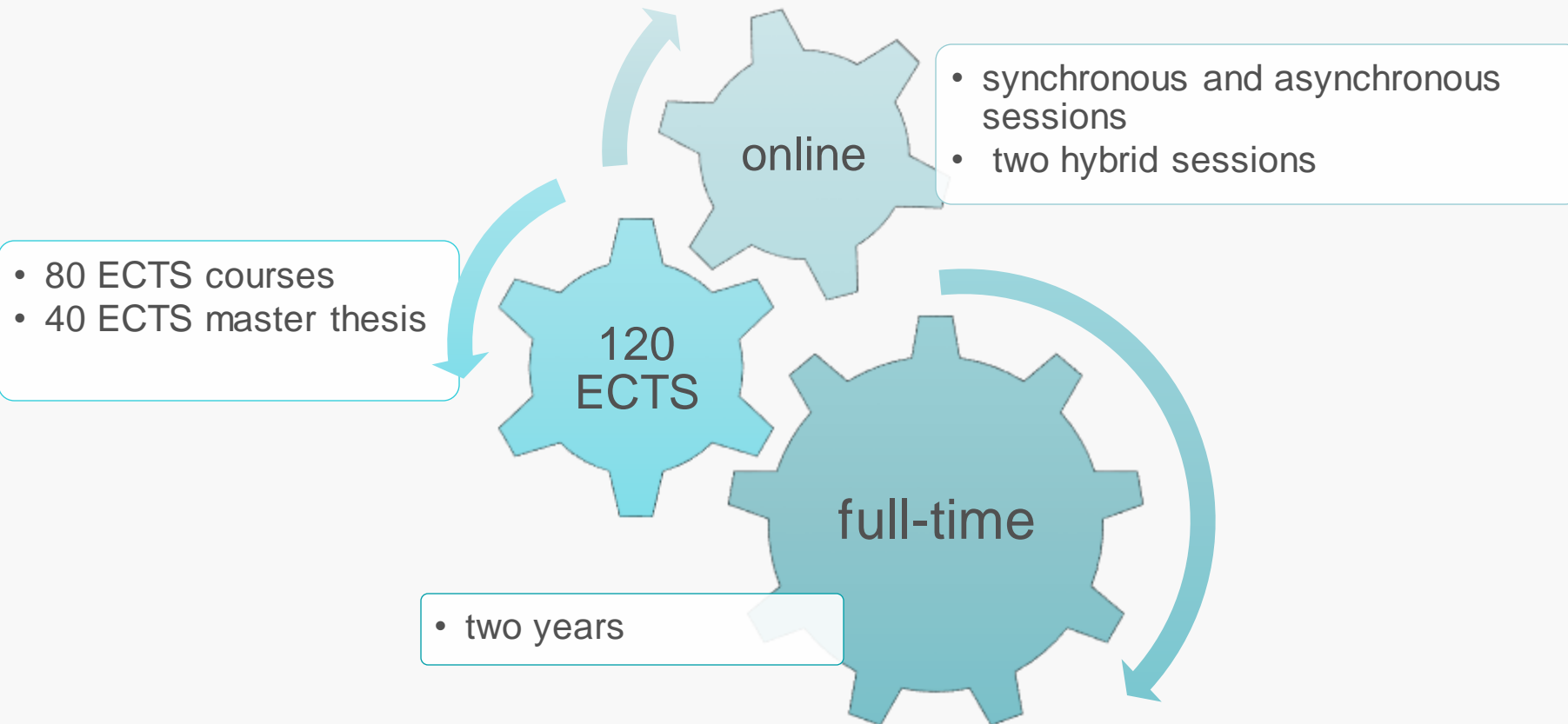


MARE Students

- › Interprofessional:
 - › Physiotherapy, CBR, occupational therapy, nursing, dentistry, medicine, psychology, social work, public health, social education, prosthetics and orthotics
- › International:
 - › Admitting students from all over the world



MARE Program



MARE Program

- › Full-time two-year program
 - › 40 hours a week
 - › online
 - › flexible
- › Cohort based
 - › students progress together through the program
 - › students take two courses per semester in sequence
- › Intakes are every second year

The screenshot shows a student dashboard with a dark sidebar on the left containing navigation icons for Account, Dashboard, Courses, Calendar, Inbox, HVL-hjelp, Commore, Nyttige lenker, and Eksamenstips. The main content area is titled 'Dashboard' and features a grid of nine course cards. Each card includes a representative image, a course title with a link, and icons for sharing and saving. The courses listed are:

- MARE Introduction (Introduction)
- MARE510 Healthy Ageing; Theoret... (MARE510)
- MARE520 Rehabilitation: Theoret... (MARE520)
- MARE530 Leadership in Rehabilit... (MARE530 2018 HOST)
- MAMET 500 - Healthy Ageing and ... (MAMET 500 - Healthy Ageing...)
- MARE540 - Active and Assisted Li... (MARE540 - preliminary)
- MARE550 - Ageing and Interprofe... (MARE550 - preliminary)
- MARE560 - Independent Study Co... (MARE560 - preliminary)
- MARE570 - Master's Thesis (MARE570 - preliminary)

MARE Program (120 ECTS)

5 mandatory courses (70 ECTS)

- 4 courses are 15 ECTS each and 9 or 10 weeks long
- 1 course is 10 ECTS and 6 weeks long

1 elective course (10 ECTS)

- 6 weeks long

Master thesis (40 ECTS)

- Starting in at the beginning of the 2nd year

MARE Program Overview

Course	ECTS
MARE510 Healthy Ageing: Theoretical foundation	15 ECTS
MARE520 Rehabilitation: Theoretical foundation	15 ECTS
MARE530 Leadership in rehabilitation	15 ECTS
MAMET500 Theory of science, ethics and research methods	15 ECTS
MARE540 Active and assisted living	10 ECTS
<i>MARE550 Ageing and interprofessional and intersectoral collaboration</i>	10 ECTS
<i>MARE560 Independent study</i>	10 ECTS
MARE570 Master's thesis	40 ECTS

Revised programme structure and content academic years 2022-2024 (version August 10, 2021)

Year 1	August 15, 2022 – December 16, 2022																		January 2, 2023 – May 26, 2023																														
	Semester 1																		Semester 2																														
Week	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21									
MARE Introduction	On-line	Hybrid																																															
MARE 510	Hybrid																																																
MARE 520																																																	
MARE 530																																																	
MAMET 500																																																	
Year 2	August 14, 2023 – December 15, 2023																		January 2, 2024 – May 24, 2024																														
Semester 3																			Semester 4																														
Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21										
MARE 540																																																	
MARE 550																																																	
MARE560																																																	
MARE 570	Hybrid																																																

Notes:

MARE Introduction: Orientation to the Program (see note below on Week 0)

MARE510 Healthy Ageing: Theoretical Foundation, MARE520 Rehabilitation: Theoretical Foundation, MARE530 Leadership in Rehabilitation, MAMET500 Philosophy of Science, Ethics and Research Methods, MARE540 Active and Assisted Living, MARE550 Ageing and Interprofessional and Intersectoral Collaboration, MARE560 Independent Study, MARE570 Master’s Thesis.

Week 0 starts online on 8 August 2022 prior to the beginning of the academic year on 15 August 2022. It is an introductory week in the first year of the program to orient students to the program, learning environment and resources at HVL to support their learning.

Hybrid= The two weeks are mandatory with on campus session in Bergen for students who can attend, and online session for students who can not

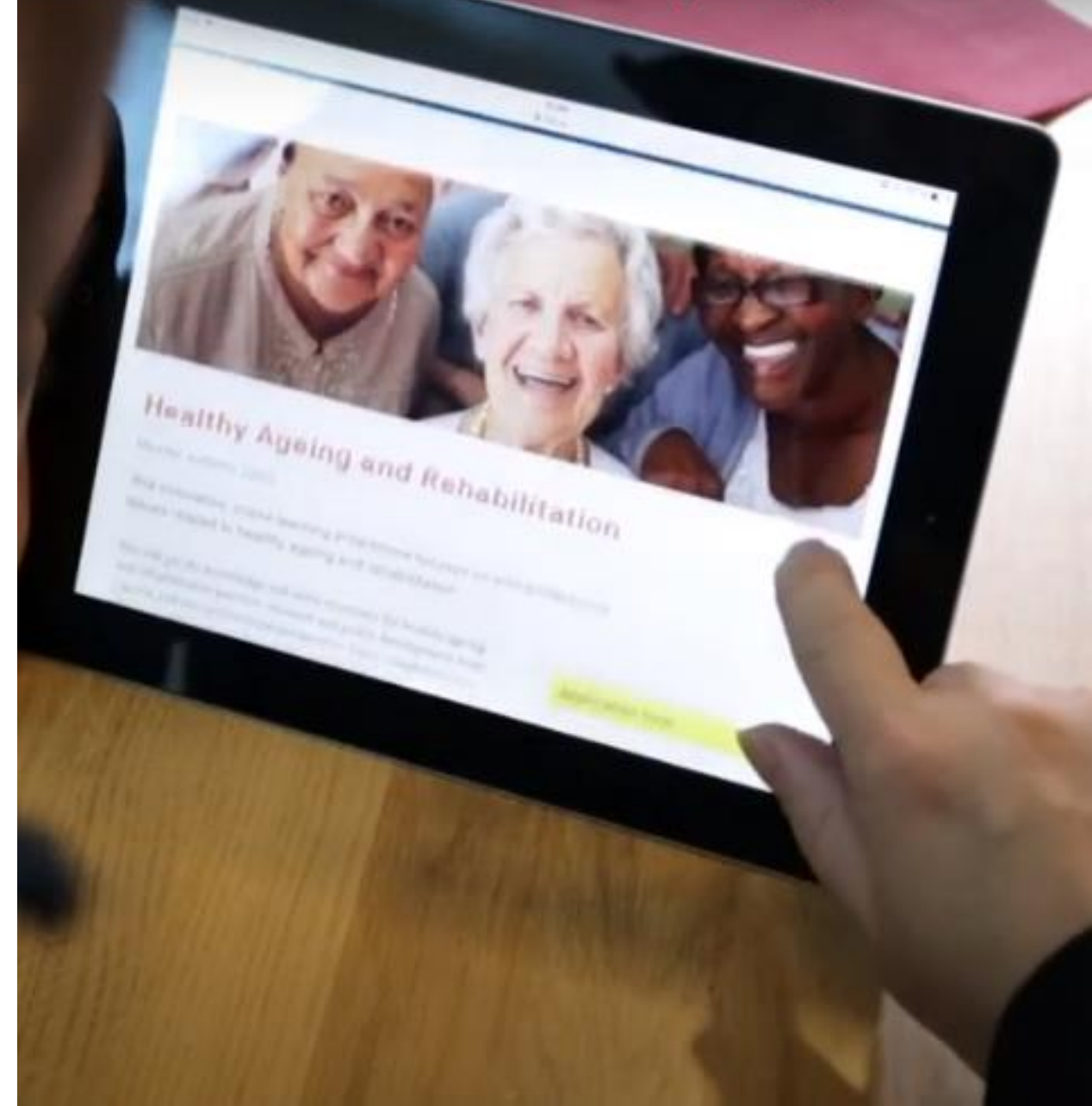
* = University closed for statutory holidays in Norway.



How does studying online look like?

**FLEXIBILITY, INDEPENDENCE,
COLLABORATION**

ation | Western Norway University of Applied Science





Account

Dashboard



Dashboard



Courses



Calendar



Inbox



HVL-hjelp



Commons



Nyttige lenker



Eksamenstips



[MARE Introduction](#)
[MARE Introduction](#)



[MARE510 Healthy Ageing: Theoret...](#)
[MARE510](#)



[MARE520 Rehabilitation: Theoret...](#)
[MARE520](#)



[MARE530 Leadership in Rehabil...](#)
[MARE530](#)
[2018 HØST](#)



[MAMET 500 - Healthy Ageing and...](#)
[MAMET 500 - Healthy Ageing...](#)



[MARE540 - Activ...](#)
[MARE540 - pre...](#)



[MARE550 - Ageing and Interprofe...](#)
[MARE550 - preliminary](#)



[MARE560 - Independent Study Co...](#)
[MARE560 - preliminary](#)



[MARE570 - Master's Thesis](#)
[MARE570 - preliminary](#)



☰	▼ 1 Understanding Leadership	✔	+	☰
☰	📄 1.1 Overview: Understanding Leadership	✔		☰
☰	📄 1.2 Exploration	✔		☰
☰	📄 1.3 Engagement and Course Requirements	✔		☰
☰	▼ 2 Leadership Approaches	✔	+	☰
☰	📄 2.1 Overview: Leadership Approaches	✔		☰
☰	📄 2.2 Exploration	✔		☰
☰	📄 2.3 Engagement and Course Requirements	✔		☰

Synchronous and asynchronous sessions



Module 8 Discussion

Oct 30, 2020 at 8:59am

50 / 50

[All Sections](#)

Write a post on interprofessional collaboration in health sector in your practice (about 150-200 words). Are any services provided by interprofessional teams? Who are the team members? Describe their relationship and how they communicate. If there are no interprofessional collaboration, comment on the reasons for that. Debate pros and cons of interprofessional collaboration in rehabilitation.

If you do not have experience of working interprofessionally discuss pros and cons of interprofessional collaboration in relation to the article of Johansson, Eklund and Gosman-Hederstom (2010) *Multidisciplinary team, working with elderly persons living in the community: a systematic literature review*.

Initiate your 150-200 word post, then review posts by your colleagues and write a response to one post comparing and contrasting interprofessional collaboration in different countries.



○



Whilst working in home care, I had a relatively young patient who suffered from MS. Because we who were working in home care did not feel that the patient received the best possible care, and was worried about the lack of plans for the patient, an interprofessional team was designed around them.

This team consisted of the primary care nurse, the manager of the home care district, a physiotherapist, an occupational therapist, the patient's GP, their next to kin, and the patient. The team would schedule meetings semi-annually, and the meetings would be held at the patient's house with everyone present. Additionally, we would all stay in touch by phone or electronic messaging systems to consecutively tackle challenges as they arose.

Requirements and exams

- › Active learning approach that combines
 - › Independent, self-directed learning
 - › Teamwork across professions, countries, time zones
- › Students must complete course requirements to take exams
- › Exams are mostly individual, written exams
- › Grading system:
 - › Grade based: Passing grades are A-E, F is failing grade
 - › Pass/fail basis



[Team Spirit Teamwork Community - Free photo on Pixabay](#)

Global perspectives

curriculum, faculty, students



[Hand Keep Globe - Free photo on Pixabay](#)

Global expertise

—
**high quality, student-centred
globally oriented Norwegian
program in English**



Djenana Jalovic



Mike Landry



Graziella Van den Bergh



Kari Hjelle



Mariya Bikova



Hanne Tundtland

Flexible

study anywhere, anytime



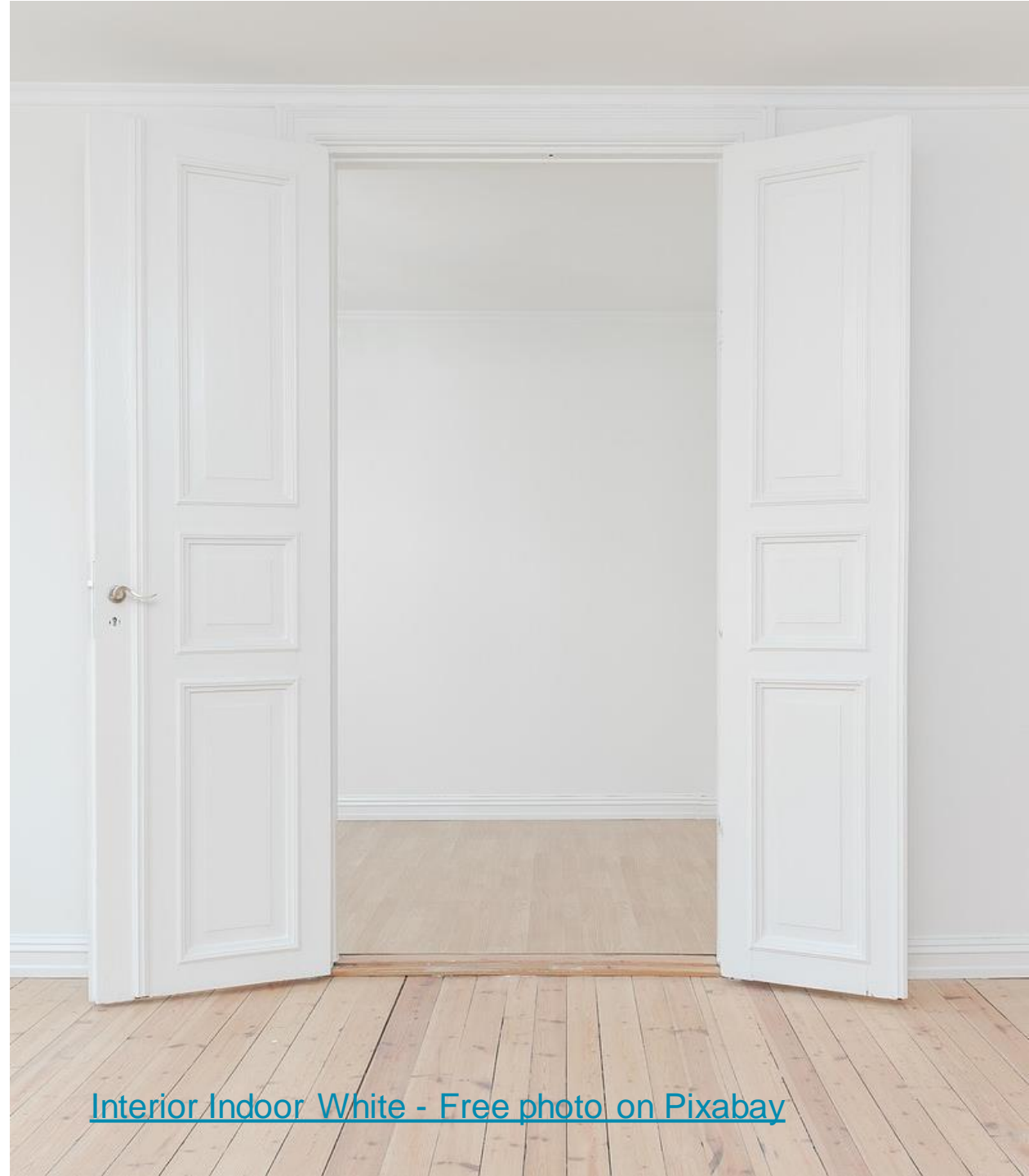
Affordable

**no tuition fee, higher
education is funded by the
Government of Norway**



Open now

**for applications from citizens
outside the EU/European Economic
Area until 1 December 2021**



[Interior Indoor White - Free photo on Pixabay](#)

Admission requirements for the program

- › Relevant bachelor degrees, equivalent to 180 ECTS in relevant health and social professionals such as:
 - › physiotherapists,
 - › occupational therapists
 - › nurses,
 - › orthotic and prosthetics engineers,
 - › medical doctor,
 - › social workers, social educators and speech therapists with bachelor in public health or community-based rehabilitation.
- › The grade point average of the degree must be equal to a C or better from the Norwegian system.
- › See our information page about the program here: <https://www.hvl.no/en/studies-at-hvl/study-programmes/healthy-ageing-and-rehabilitation/>

Required documents

- › Your CV including educational background.
- › Secondary School certificate/High School Diploma and transcripts
- › Final University degree certificate or diploma with a grading scale. We do not accept provisional certificates.
- › Transcript of records (an official statement listing courses/subjects completed at university).
- › Copy of your passport or picture ID including full name, date of birth and gender.
- › Documentation of English language proficiency. We do not accept letters of proficiency from Universities. [For more information please see our page about the English requirements.](#)
- › Letter of motivation (optional)
- › A letter stating funding for travel, food and lodging for two short stays in Norway during the study

Important deadlines

› When can you apply:

October 1st 2021: The application portal is open for citizens outside the EU/EEA

Application deadline:

December 1st 2021 for citizens outside the EU/EEA. All supporting documents (including proof of English proficiency) must also be uploaded within the application deadline.

How to apply:

You apply via our digital application portal Søknadsweb, and you find the application form here: <https://www.hvl.no/en/studies-at-hvl/study-programmes/healthy-ageing-and-rehabilitation/>

Questions about admission?

- Check our information page <https://www.hvl.no/en/studies-at-hvl/admission/>
- Contact the admission office via our email: admission@hvl.no

Q&A

Use chat to ask questions



Contact us

- › MARE Program
 - › Djenana Jalovic, Program Coordinator at jadj@hvl.no
 - › Hanne Tuntland, Head of Section at hanne.kristin.tuntland@hvl.no
- › Admissions at admission@hvl.no

We hope to see you
in our program.

Visit our webpage and start
your application today:

<https://www.hvl.no/en/studies-at-hvl/study-programmes/healthy-ageing-and-rehabilitation/>





<https://www.hvl.no/en/studies-at-hvl/admission/masters-programmes/>